

# Nutritional Sciences

bachelor of science

## Food for Thought

Nutrition is the study of how we use food—how it's digested, absorbed, and used for energy and growth, and how and why nutrient requirements might change over time. Our department considers the biological process of metabolism as well as the psychological and cultural aspects of food choice, for a well-rounded foundation.



What does a **CAREER** in **nutritional sciences** look like?

Nutritionists  
Clinical Dietitians  
Physicians and Dietetic Consultants  
Health and Wellness Coach  
Food program administrators



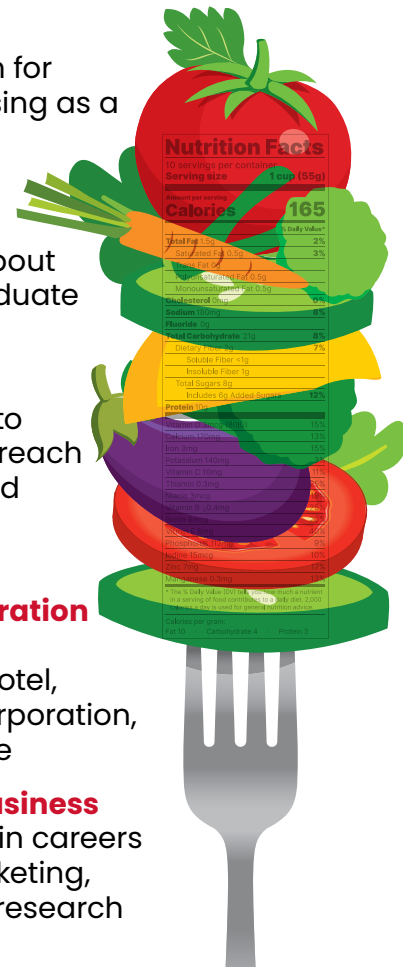
"The Nutritional Sciences Department has exceeded my expectations and evoked further excitement within the field. The hands-on lab and lecture design is extremely powerful as it has allowed me to apply

nutritional sciences to real world applications and expand my knowledge beyond the basic topics. The nutritional sciences major is perfect for me as I know I have the support and encouragement of my professors, advisors, deans, and peers!"

Jenny Fleck

## Choose from **5** areas

- 1 Dietetics**  
an accredited program for students seeking licensing as a registered dietician or nutritionist
- 2 Nutrition Research**  
for students thinking about medical, dental, or graduate school
- 3 Community Nutrition**  
for students who want to work in community outreach programs like WIC, Head Start, 4-H, cooperative extension.
- 4 Food Service Administration**  
for students who want leadership careers in hotel, restaurant, hospital, corporation, and school food service
- 5 Nutrition, Food, and Business**  
for students interested in careers in public relations, marketing, pharmaceuticals, and research



## Recipe for success

Our Culinary Nutrition minor can prepare you for careers as a food blogger and nutrition influencer.

